

CAPS

	SMALL		MEDIUM		LARGE		EXTRA LARGE		EXTRA EXTRA LARGE	
SIZE	6 $\frac{3}{4}$	6 $\frac{7}{8}$	7	7 $\frac{1}{8}$	7 $\frac{1}{4}$	7 $\frac{3}{8}$	7 $\frac{1}{2}$	7 $\frac{5}{8}$	7 $\frac{3}{4}$	7 $\frac{7}{8}$
US (INCHES)	21 $\frac{1}{8}$	21 $\frac{1}{2}$	21 $\frac{3}{8}$	22 $\frac{1}{4}$	22 $\frac{5}{8}$	23	23 $\frac{1}{2}$	23 $\frac{7}{8}$	24 $\frac{1}{4}$	24 $\frac{5}{8}$
METRIC (CM)	54	55	56	57	58	59	60	61	62	63

HOW TO MEASURE YOUR HEAD.....PLACE A PIECE OF STRING OR TAPE AROUND YOUR HEAD, ABOUT ONE EIGHTH OF AN INCH ABOVE YOUR EAR, ACROSS THE MID-FOREHEAD COMPLETELY CIRCLING YOUR HEAD. THE MEASUREMENT BASICALLY NEEDS TO BE WHERE THE CAP WILL SIT ON YOUR HEAD, IF YOUR MEASUREMENT FALLS BETWEEN TWO DIFFERENT SIZES THEN CHOOSE THE NEXT LARGEST SIZE.

